

**Lower Merion Township  
Summer Playground Activities Camp  
COVID-19 (Coronavirus)  
Health and Safety Plan**

This plan was developed in accordance with the CDC's guidance for Youth and Summer Camps. It will be reviewed as additional guidance becomes available. We will operate the Playground Activities Camp at four locations; General Wayne Park, McMoran Park, South Ardmore Park and Wynnewood Valley Park.

Enrollment will be limited to 50 individuals at each site, with an additional 8 staff. The public will have access to the park, however, camp will remain separate from any park visitors. Signage will be placed throughout the program areas reminding individuals to stay home when sick, to practice physical distancing and how to properly wash hands. Camps will adhere to the following health and safety procedures:

**Curb Side Arrival/Departure Areas**

- Drop-off/Pick-up will be held curbside to limit contact with other campers' guardians.
- A Lower Merion Township Staff Member will be easily identified by their staff shirt and will be waiting curb side to welcome each camper. There is no need to get out of your car.
- Your child will be escorted safely to their respective area.
- Group pick-up will be the same as drop off for each group.

**Health Checks**

- Daily health temperature checks of staff and campers will be completed each morning, safely and respectfully, and in accordance with any applicable privacy laws and regulations.
- Temperatures will be taken with an infrared no-touch forehead thermometer. Anyone with a temperature of 100.40 or above will be sent home. Parents should stay with their camper(s) until their temperature has been taken.
- A COVID-19 Parent/Guardian Agreement form will need to be completed for each camper prior to the start of camp.

**Group Size**

- Group size will be limited to a maximum of 58 individuals (staff and campers together).
- Campers will limit contact with other park visitors.

**Physical Distancing**

- Physical distancing of at least six (6) feet will be practiced when feasible.
- Activities where social distancing can be maintained will be prioritized as much as possible.
- During lunch and arts and crafts, campers will be spaced at least six (6) feet apart.
- Individuals will stand at least six (6) feet apart while waiting in line.
- Staff and campers will not be involved with any other groups using the park.

**Cloth Face Coverings**

- Campers should plan to bring their own cloth mask which they are comfortable wearing during camp.
- Cloth face coverings are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms. Cloth face coverings are not surgical masks, respirators, or other medical personal protective equipment.

- **Face coverings will be required outdoors where a person is unable to consistently maintain a distance of six (6) feet from individuals who are not members of their household.** Cloth face coverings should not be placed on anyone who has trouble breathing or is unconscious.
- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Take off your face covering carefully, when you return home. Untie the strings behind your head or stretch the ear loops, handle only by the ear loops or ties, fold outside corners together and place covering in the washing machine (or wash by hand). Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

### **Lunch Time**

- Campers will bring their own meals and eat in areas with smaller group while remaining at least six (6) feet apart.

### **Shared Objects/Communal Spaces**

- Please do not share items that are difficult to clean, sanitize, or disinfect.
- Camper's belongings should be kept separated from others' and in individually labeled containers or areas.
- Adequate supplies will be available to minimize sharing of high-touch materials or supplies (e.g., assign art supplies or other equipment to a single camper), or equipment will be limited to one group of campers at a time and clean and disinfect between use.
- Avoid sharing electronic devices, toys, books, and other games or learning aids.
- Shared playground equipment and comfort stations will be closed. If these areas become available as guidelines allow, usage will be staggered, and all surfaces will be cleaned and disinfected in between use.
- Staff and campers are encouraged to bring their own water to minimize use and touching of water fountains.
- If available, drinking fountains will be cleaned and sanitized prior to use.

### **Hand Hygiene and Respiratory Etiquette**

- All staff and campers will be encouraged to wash their hands regularly and as needed.
- When washing hands, use soap and water for at least 20 seconds.
- If soap and water are not available, hand sanitizer will be used. Hand sanitizer must be alcohol-based with at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Hand washing/sanitizing is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Soap and water are the best option, especially if hands are visibly dirty.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover coughs and sneezes with a tissue. Used tissues should be thrown in the trash and hands washed or sanitized immediately. If a tissue is not available, cough into your elbow.

### **Cleaning and Disinfection**

- Frequently touched surfaces used by campers (e.g., playground equipment, door handles, sink handles, drinking fountains) will be cleaned and disinfected at least twice a day and between use, as much as possible.
- Use of shared objects (e.g., art supplies, toys, games) will be limited and cleaned between use.

- Disinfectants will be used properly and safely and kept securely away from children.
- Cleaning products should not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.
- Gloves should be used when removing garbage bags or handling and disposing of trash. Hands should be washed/sanitized after removing gloves.

### Protections for High Risk Campers

- Enrollment for all camps will be limited to those individuals who live in the local geographic area.

### Staff Training

- Staff will be trained on all safety protocols.

### Staying Home when Appropriate

- Stay home if you have tested positive for or are showing COVID-19 symptoms. Employees and campers can return to our program after three (3) days with no fever, all symptoms have improved, and it has been at least ten (10) days since symptoms first appeared.
- Anyone who has recently had a close contact with a person with COVID-19 should also stay home and monitor their health for at least fourteen (14) days after exposure based on the time it takes to develop illness.

## Preparing for When Someone Gets Sick

The following strategies will be practiced within our programs to prepare for if someone gets sick.

### Recognize Signs and Symptoms

- People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

### Sick Individuals

- Staff that are not feeling well should stay home to protect campers and other staff.
- Staff or campers must **not** report to camp and immediately self-report to the Parks and Recreation Department if they have virus-like symptoms, test positive for COVID-19, or have been directly exposed to someone who has tested positive for COVID-19 within the last 14 days.
- Families are required to self-report to the Parks and Recreation Department if they have virus-like symptoms, test positive for COVID-19, or have been directly exposed to someone who has tested positive for COVID-19 within the last 14 days.
- Reporting should be handled in accordance with health information sharing regulations for COVID-19 and other applicable privacy and confidentiality laws and regulations.

## Sick Individuals at Camp

- Staff and campers with COVID-19 symptoms (such as fever, cough, or shortness of breath) at camp will be immediately separated. Individuals who are sick should go home and or to a healthcare facility depending on the severity of symptoms.
- An isolation area will be identified to separate anyone who has COVID-19 symptoms until they can be picked up from camp.
- If emergency care is needed, alert first responders that the person may have COVID-19.

## Notify Health Officials and Close Contacts

- The Recreation Supervisor will be responsible for responding to COVID-19 concerns. Staff and families will be notified who this person is and how to contact them.
- In accordance with state and local laws and regulations, camp administrators should notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).
- When the Parks and Recreation Department has been notified that someone has tested positive or has been directly exposed to COVID-19, contact tracing will be conducted. Staff will identify others that have been in close contact with the infected or exposed individual without violating their personal protected health information and will inform those which may have been exposed to COVID-19.
- Anyone who had close contact with a person diagnosed with COVID-19 should be advised to stay home, self-monitor for symptoms and follow CDC guidance if symptoms develop.
- Staff and families which have had direct contact with the sick individual will be notified and instructed to not come to camp and to notify the Parks and Recreation Department if they become sick with COVID-19 symptoms or test positive for COVID-19.
- Families and staff will be notified of any camp closures or restrictions put in place to limit COVID-19 exposure.

## Clean and Disinfect

- Sanitization of all areas/equipment which may have been compromised will begin immediately, including, properly ventilating the area and completing a deep cleaning of the room, common surfaces, door handles, equipment, etc.
- Areas/items that were utilized by a sick person will be closed off and not available for use until after they have been cleaned and disinfected. This includes surfaces or shared objects in the area.
- Disinfection products should be properly stored in a secure location away from children.

## Returning to Camp

- Sick staff members or campers should not return to camp until they have met CDC's criteria to discontinue home isolation which depends on the individual's situation.
  - Those that think or know they have had COVID-19 and had symptoms should not be around others until after three (3) days without a fever **and** symptoms have improved **and** ten (10) days have passed since symptoms first appeared **or** you receive two (2) negative test results in a row, at least 24 hours apart.
  - Those that have tested positive for COVID-19 but have not had symptoms can return when ten (10) days have passed since testing **or** you receive two (2) negative test results in a row, at least 24 hours apart.
  - People with conditions that weaken their immune system should talk to their healthcare provider for more information.
  - Those who have had close contact with someone with COVID-19 should stay home for fourteen (14) days **after exposure** based on the time it takes to develop illness.

**Support Coping and Resilience**

- Employees and campers are encouraged to take breaks from watching, reading, or listening to news stories about COVID-19, including social media if they are feeling overwhelmed or distressed.
- Employees and campers are encouraged to eat health, exercise, get adequate rest, and find time to unwind.
- Employees and campers are encouraged to talk with people they trust about their concerns and how they are feeling.